

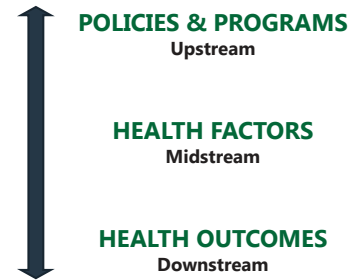
"WHERE YOU LIVE INFLUENCES YOUR HEALTH"

RESEARCH & DATA OF HEALTHY COMMUNITIES FOUNDATION SERVICE AREA

The **Healthy Communities Foundation's** mission is to improve the health and well-being of individuals in our service area by promoting health equity, quality and access. To measurably impact the health outcomes of our region, we believe it is imperative to address both the medical and non-medical factors that influence an individual's life expectancy and quality of life. We commissioned local research of our region to generate a community- and data-informed strategic plan that would advance our priority grantmaking areas. While we knew that health disparities existed in our service area, the results of this research were still striking and confirmed that an individual's health outcomes were influenced by where they lived.

WHAT IMPACTS HEALTH? 1

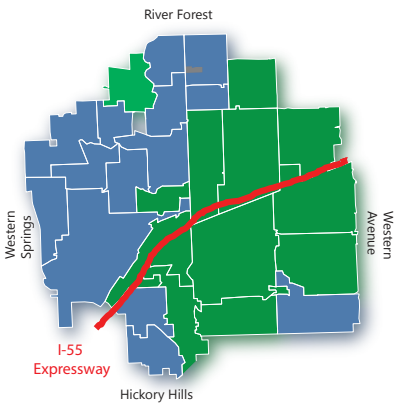
		EXAMPLES	
SOCIO-ECONOMIC FACTORS	40%	Employment Education	Income Family/Social Support
HEALTH BEHAVIORS	30%	Diet & Exercise Tobacco Use	Alcohol Use Sexual Activity
CLINICAL CARE	20%	Access to Care	Quality of Care
PHYSICAL ENVIRONMENT	10%	Air & Water Quality	Housing & Transit



(1) University of Wisconsin Population Health Institute. County Health Rankings & Roadmaps Model 2017. www.countyhealthrankings.org

OUR SERVICE AREA 2

"FROM WESTERN SPRINGS TO WESTERN AVENUE;
FROM RIVER FOREST TO HICKORY HILLS"



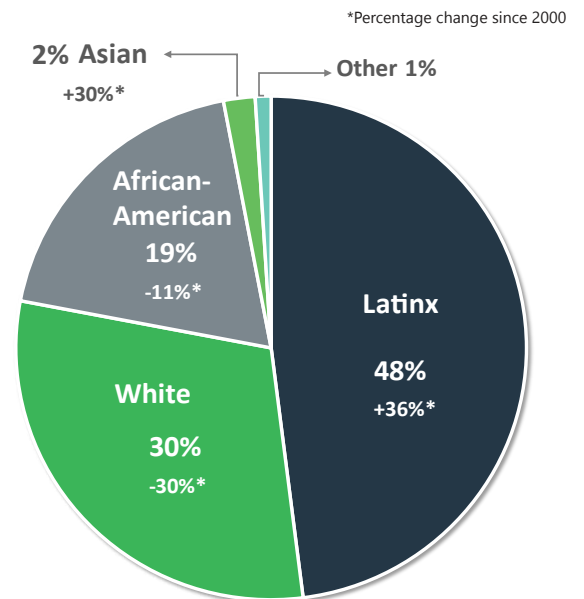
~900K residents
(1/3 size of Chicago)

71% reside in Legacy & Equity zip codes, which have the greatest health disparities

Health Disparities concentrated **south of I-55**

27 zip codes in **Chicago & western Cook County suburbs**

POPULATION 2 (as of 2016)



RACIAL/ETHNIC CHANGES IN OUR SERVICE AREA 2

White residents **4X** likely to be **>65yrs old** than Latinx residents

Latinx residents **2X** likely to be **<18 yrs old** than White residents

Arab population **increased 68%** from 2000 to 2016

25% of residents are immigrants

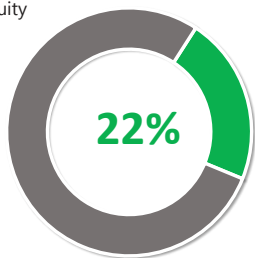
African-American population is **growing** in **Cicero/Berwyn**

Increasing younger population in **EAST**
Deaths exceed births in **WEST**

(2) A Profile of Communities and Change: The Service Area of the Healthy Communities Foundation; Rob Paral and Associates, Sept 2018

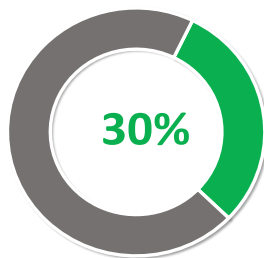
SOCIOECONOMIC NEED IN "LEGACY & EQUITY" AREA VS HCF GENERAL AND IL

Legacy & Equity Area



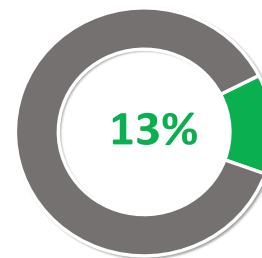
vs 9% (HCF Gen)
vs 17% (in IL) (2)

Residents with incomes below poverty level



vs 8% (HCF Gen)
vs 12% (in IL) (3)

Residents with no HS degree



vs 8% (HCF Gen)
vs 4% (in IL) (4)

Residents who are unemployed

African-American residents have **highest poverty rate at 29%** (>3X than White residents)

40% of Latinx residents lack a HS degree

1/5 of African-American residents are unemployed

ZIP CODE HEALTH RANKINGS ⁵

TOP 7

60558 Western Springs
60304 Oak Park
60305 River Forest
60526 LaGrange Park
60525 LaGrange
60301 Oak Park
60513 Brookfield

BOTTOM 7

60458 Justice
60632 Elsdon
60629 Chicago Lawn
60155 Broadview
60153 Maywood
60623 Lawndale
60644 Austin

RANKINGS BY CATEGORY ⁶ (excerpt from Health Rankings Report)

HIGHEST RATES

LOWEST RATES

HEALTH OUTCOMES

Adults w/diabetes	60153 Maywood	60458 Justice
Adults w/high blood pressure	60644 Austin	60804 Cicero
Low birth weight/premature births	60155 Broadview	60558 Western Springs

HEALTH FACTORS

Adult obesity	60644 Austin	60558 Western Springs
High risk for pediatric blood poisoning	60534 Bridgeview (and several others)	60155 River Forest (and several others)
Vacant housing units in area	60534 Lyons	60301 Oak Park

HEALTH CARE IN OUR SERVICE AREA ⁷



1 in 6 residents lack health insurance, even with ACA

25% of residents get healthcare through Medicaid



Medicaid covers **>60%** of African-American & Latinx children



Access to healthcare institutions are concentrated in the **western** & **northern** parts of our service area.

50% of Latinx noncitizens lack health insurance

Individuals can travel across region to see a doctor, but no access to transportation means limited access to healthcare.



Health equity means that every individual has the opportunity to live a healthy, full life regardless of where they live or other circumstances linked with social, economic or environmental factors. It is important to understand the demographic and socioeconomic shifts taking place in our communities in order to devise solutions that can improve quality of life and achieve health equity.

Sources:
(2) <http://www.city-data.com/poverty/poverty-Chicago-Illinois.html>
(3) <https://statisticalatlas.com/state/illinois/Edu>
(4) <http://www.ides.illinois.gov/LMI/Local%20Area%20Unemployment%20Statistics%20LAUS/countymap.pdf>
(5) (6) Sinai Urban Health Institute HCF Zip Code Health Rankings Report
(7) Profile of Communities and Change: The Service Area of the Healthy Communities Foundation; Rob Paral & Associates, Sept 2018