The Healthy Communities Foundation’s mission is to improve the health and well-being of individuals in our service area by promoting health equity, quality and access. To measurably impact the health outcomes of our region, we believe it is imperative to address both the medical and non-medical factors that influence an individual’s life expectancy and quality of life. We commissioned local research of our region to generate a community- and data-informed strategic plan that would advance our priority grantmaking areas. While we knew that health disparities existed in our service area, the results of this research were still striking and confirmed that an individual’s health outcomes were influenced by where they lived.

**OUR SERVICE AREA**

~900K residents (1/3 size of Chicago)

71% reside in Legacy & Equity zip codes, which have the greatest health disparities

Health Disparities concentrated south of I-55

27 zip codes in Chicago & western Cook County suburbs

**Racial/Ethnic Changes in Our Service Area**

White residents 4X likely to be >65yrs old than Latinx residents

Latinx residents 2X likely to be <18 yrs old than White residents

Arab population increased 68% from 2000 to 2016

25% of residents are immigrants

African-American population is growing in Cicero/Berwyn

Increasing younger population in EAST

Deaths exceed births in WEST

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(1) University of Wisconsin Population Health Institute: County Health Rankings & Roadmaps Model 2017. www.countyhealthrankings.org

(2) A Profile of Communities and Change: The Service Area of the Healthy Communities Foundation; Rob Paral and Associates, Sept 2018
SOCIOECONOMIC NEED IN "LEGACY & EQUITY" AREA VS HCF GENERAL AND IL

Residents with incomes below poverty level
- **22%** (Legacy & Equity Area)
- **9%** (HCF Gen)
- **17%** (in IL) (2)

Residents with no HS degree
- **30%** (Legacy & Equity Area)
- **8%** (HCF Gen)
- **12%** (in IL) (3)

Residents who are unemployed
- **13%** (Legacy & Equity Area)
- **8%** (HCF Gen)
- **4%** (in IL) (4)

African-American residents have highest poverty rate at 29% (>3X than White residents)

40% of Latinx residents lack a HS degree

1/5 of African-American residents are unemployed

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ZIP CODE HEALTH RANKINGS

<table>
<thead>
<tr>
<th>TOP 7</th>
<th>BOTTOM 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>60558 Western Springs</td>
<td>60458 Justice</td>
</tr>
<tr>
<td>60304 Oak Park</td>
<td>60632 Elsdon</td>
</tr>
<tr>
<td>60305 River Forest</td>
<td>60629 Chicago Lawn</td>
</tr>
<tr>
<td>60526 LaGrange Park</td>
<td>60155 Broadview</td>
</tr>
<tr>
<td>60525 LaGrange</td>
<td>60153 Maywood</td>
</tr>
<tr>
<td>60301 Oak Park</td>
<td>60623 Lawndale</td>
</tr>
<tr>
<td>60513 Brookfield</td>
<td>60644 Austin</td>
</tr>
</tbody>
</table>

RANKINGS BY CATEGORY

<table>
<thead>
<tr>
<th>HIGHEST RATES</th>
<th>LOWEST RATES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HEALTH OUTCOMES</strong></td>
<td></td>
</tr>
<tr>
<td>Adults w/diabetes</td>
<td>60153 Maywood</td>
</tr>
<tr>
<td>Adults w/high blood pressure</td>
<td>60644 Austin</td>
</tr>
<tr>
<td>Low birth weight/ premature births</td>
<td>60155 Broadview</td>
</tr>
<tr>
<td><strong>HEALTH FACTORS</strong></td>
<td></td>
</tr>
<tr>
<td>Adult obesity</td>
<td>60644 Austin</td>
</tr>
<tr>
<td>High risk for pediatric blood poisoning</td>
<td>60534 Bridgeview (and several others)</td>
</tr>
<tr>
<td>Vacant housing units in area</td>
<td>60534 Lyons</td>
</tr>
</tbody>
</table>

HEALTH CARE IN OUR SERVICE AREA

- **1 in 6** residents lack health insurance, even with ACA
- **25%** of residents get healthcare through Medicaid
- Medicaid covers >60% of African-American & Latinx children

Access to healthcare institutions are concentrated in the **western & northern** parts of our service area.

Individuals can travel across region to see a doctor, but no access to transportation means limited access to healthcare.

- **50%** of Latinx noncitizens lack health insurance

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Health equity means that every individual has the opportunity to live a healthy, full life regardless of where they live or other circumstances linked with social, economic or environmental factors. It is important to understand the demographic and socioeconomic shifts taking place in our communities in order to devise solutions that can improve quality of life and achieve health equity.

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Sources:
4. (5) Sinai Urban Health Institute HCF Zip Code Health Rankings Report
5. (6) Profile of Communities and Change: The Service Area of the Healthy Communities Foundation; Rob Paral & Associates, Sept 2018
6. (7) Profile of Communities and Change: The Service Area of the Healthy Communities Foundation; Rob Paral & Associates, Sept 2018